



# POST-COVID REHABILITATION

Patients discharging from acute care following a COVID-19 illness may need additional specialized rehabilitative care to regain their strength, endurance, and cognitive function. To serve the rehabilitation and recovery needs of post-COVID patients, Hope Network Neuro Rehabilitation developed a Post-COVID Recovery Program.

Post-COVID Rehabilitation services are provided in both a community-based residential setting or through an outpatient Day Rehab environment. Post-hospital, community-based rehabilitation – where nursing and physician support is integrated – combined with 25-30 hours of therapy per week, is an effective environment that provides the supervisory and care needs a deconditioned patient requires to return home safely.

For patients able to return home but still require rehabilitation, we offer a Day Rehab program that provides the intensive, interdisciplinary therapy to meet those needs.

## PROGRAM HIGHLIGHTS

- High-value, interdisciplinary therapy: PT, OT, SLP, Psychology
- Maximizes progress in the early weeks of recovery
- Reduces secondary deconditioning
- Reduces hospital re-admissions
- Lessens long-term implications and relapses
- Integrated return to work services

## COMPLICATIONS ADDRESSED

- Physical debility due to prolonged hospitalization and/or the result of extended time on a ventilator
- Cognitive deterioration or decline to include delirium, confusion and memory loss
- New or worsened pulmonary complications
- Emotional distress, anxiety or PTSD disorders that interfere with rehabilitation
- Stroke
- Supervision needs that make home transfer not immediately possible

For more details contact our Admissions Team at **855.407.7575** or [RehabReferral@hopenetwork.org](mailto:RehabReferral@hopenetwork.org).

